

Getting Started: Name some things our culture teaches makes a man a real man. How do you think a godly man differs?

Discuss

1. What are the biggest challenges facing Christian men seeking to live godly lives in our culture and churches today?
2. What might you and a friend (or small group of men) put in place to stimulate and encourage one another to be "Christian warriors" in prayer, holiness and Scripture?
3. "No discipline – no discipleship" True or False? How does spiritual discipline differ from legalism, and what might it involve week by week in your life?

Bible Study

Read: 1 Timothy 4:6-16

4. What does it mean in practice to 'exercise thyself rather unto godliness'? (4:7)
5. Unpack the six aspects of godliness in verse 12? Think about their scope and apply to your life.
6. According to verse 15-16, what things exactly are men to be seriously intent about in living the Christian life?
7. What practical changes and action will you take in response to the calling of this passage?